

Anyone looking for a genuine supernatural breakthrough—in any area of their lives—should read *Invading the Heavens* by Kynan Bridges. His first chapter is called “Anatomy of a Breakthrough,” and the whole book unfolds the various features of the divine plan for accessing heavenly freedom and blessings. With wisdom, humor, and clear illustrations, Kynan explains what a breakthrough is and how to position yourself to receive one, as you live from God’s presence 24/7. The open heavens are available to all believers—but an open heaven demands an open earth. This book shows how to break through the barriers and hindrances in your life to receive all that your heavenly Father has promised you. As you read *Invading the Heavens*, allow the revelation to become your manifestation!

—Joshua Mills

Author, *Moving in Glory Realms*

International Glory Ministries, Palm Springs, CA

www.JoshuaMills.com

With *Invading the Heavens*, Kynan Bridges has given us a fully reliable, “how-to” handbook for releasing supernatural breakthrough. No matter what you may be going through spiritually, emotionally, or financially, you will discover that the final word is not about what you are currently seeing or experiencing—but about what the miracle-working Word of God says about your situation. I like Kynan’s description of the Word as a “supernatural hammer that breaks barriers, strongholds, addictions, and limitations.” Many Christians feel stuck in their negative circumstances, thinking that nothing is working for them and they can’t get beyond that impenetrable brick wall. If you have decided that enough is enough, this book demonstrates the way out, enabling you to receive heavenly downloads of strength, deliverance, healing, joy, guidance, and abundance.

—Joshua Fowler

Author, *Daily Decrees for Accessing Abundance*

CEO, #AwakeTheWorld

JoshuaFowler.com

For all of us, it is part of the human condition to face limitation. One of the most important ways in which certain limitations are transcended is by the effect our prayers have. God has ordained prayer as a way for things to be transformed. Fervent prayer, rooted in faith, gets a response from the triune God and brings about what Kynan Bridges refers to as “breakthrough.” This new book, *Invading the Heavens*, is from a series of sermons that Kynan preached. It invites you into that most sacred conversation the Scriptures refer to as prayer, so that in that conversation you might transcend those limitations that are impeding your walk with the God who called you into the conversation to transform you into His image and likeness.

—*Bishop Mark J. Chironna*
Church On the Living Edge
Mark Chironna Ministries, Longwood, FL

Kynan Bridges has written a great book full of insight on achieving the breakthroughs we as the body of Christ desperately need today. *Invading the Heavens* contains a treasure trove of golden nuggets of wisdom that together provide a spiritual framework for entering into maturity and experiencing all God intended us to have. I suggest that every believer who yearns for more than they are now experiencing should read this book. It contains the direction you are looking for and will change your life.

—*Joan Hunter*
Author/Healing Evangelist
Joanhunter.org

Spend a few minutes with Pastor Kynan Bridges in person, and you'll quickly recognize he is a man who carries the presence and the power of the kingdom of God. Spend a few minutes reading his book *Invading the Heavens*, and Pastor Kynan's words will quickly begin to unlock realities of the heavenly realm God desires to release—supernatural breakthrough, increase, abundance, and so much more. I pray you will read this book from cover to cover. The impact on your life will be tremendous. An open heaven waits to break loose over you!

—Lorraine Marie Varela
Cofounder, Inspiring Faith International
Author, *Powerful Moments in the Presence of God* and
Love in the Face of ISIS

Dr. Kynan Bridges has managed to write another must-read book! *Invading the Heavens* provides rich insight into the realm of breakthrough. It is vital that every believer understand the breaker anointing and the supernatural power to advance far beyond the artificial limits that the enemy tries to place on their lives. This book will build the faith of the reader and release supernatural power to break loose and break free!

—Ryan LeStrange
Founder, Ryan LeStrange Ministries, TRIBE Network, and iHubs
Author, *Hell's Toxic Trio*

Invading the Heavens invites us to “wake up and get excited about God, because this is our moment!” Through his unique gift, Dr. Kynan teaches the step-by-step process that empowers you to live supernaturally—every day. Your finances will change! Your health will change! Your relationships will change! “Beloved friend, I pray that you are prospering in every way and that you continually enjoy good health, just as your soul is prospering” (3 John 2, *Passion Translation*).

—Dr. Cindy Stewart
Pastor, The Gathering with Jesus, Tarpon Springs, FL
Author, *God's Dream for Your Life*, *7 Visions*, and
Believing God and Believing His Word

**I N V A D I N G
THE
H E A V E N S**

**RELEASING
SUPERNATURAL BREAKTHROUGH
IN YOUR LIFE**

KYNAN BRIDGES

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INVADING THE HEAVENS:

Releasing Supernatural Breakthrough in Your Life

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DEDICATION

I dedicate this book to the Lord Jesus Christ, the King of Kings and Lord of Lords. I also dedicate it to Gloria Bridges—my lovely, awesome, and virtuous wife, the mother of my four children, and my number-one partner and supporter in life and ministry; I love you more than words can express. Additionally, I want to dedicate this book to all those who are in need of a breakthrough—all those who are longing to experience “more” in their personal relationship with God. It is written to the millions of believers who know deep down inside that God wants them to live a supernatural life. My prayer is that you will access the heavenly realm and release supernatural and superabundant breakthrough. God bless!

ACKNOWLEDGMENTS

First of all, I want to take a moment and acknowledge my precious Lord Jesus Christ. It is through Him that I am able to write this and all books. To my wife—you mean more than life itself. Thank you for standing with me through the years. To my ministerial staff, thank you! To my church family (Grace & Peace Global Fellowship), who have been instrumental in praying for and supporting this project—thank you! To the team at Whitaker House—thank you for your hard work and prayerful support in helping to get this message to the world. I am grateful for all that you do. Special thanks to the production and editing team, including Christine Whitaker, Lois Puglisi, and Cathy Hickling at Whitaker; Crystal Dixon, Patricia Holdsworth, Camilla Hippolyte, Gloria Bridges, Nichole King, and the entire Kynan Bridges Ministries Team, to name a few.

I also want to take a moment to acknowledge great men and women of the faith who have impacted my life and ministry in a positive way (either directly or indirectly), including: Pastor Wayne C. Thompson, Dr. Mark Chironna, John G. Lake, Derek Prince, Dr. Charles Stanley, Oswald Chambers, Smith Wigglesworth, John Wesley, Jack Coe, Oral Roberts, Kathryn Kuhlman, R.W. Shambach, Sid Roth, Pastor Marlin D. Harris, Mike Bickle, Hank and Brenda Kunneman, Joan Hunter, Dr. E. V. Hill, Marilyn Hickey, Pastor Tony Kemp, Dr. Douglas Wingate, Evangelist Reinhard Bonnke, Dr. Rodney Howard-Browne, Dr. T. L. Lowery, and Dr. Myles Munroe.

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FOREWORD

Are you sick and tired of not having your prayers answered? Do you need a breakthrough in your life in any area—from family relationships to destiny to finances to walking in the glory? Then it's time to remove the roadblocks and invade the heavens!

Dr. Kynan Bridges serves on my ministry's board of directors. He is a man of proven character, a teacher's teacher, and extremely gifted in the Spirit. Kynan would be the first to say, "Anything I can do, you can do better!"

Imagine being "normal"—that is, normal as defined by the Bible! Normal is operating in the glory where the atmosphere of heaven invades earth. Normal is being instantly healed. Normal is doing the same miracles as Jesus did and even greater! Normal is not only the dead being raised but missing body parts being created. I see not just the media superstars but the average believer doing these greater works!

I pray that the anointing and glory on this book will literally jump off the pages, drip on you, and make you normal!

—*Sid Roth*
Host, *It's Supernatural!*

1

ANATOMY OF A BREAKTHROUGH

*“And it came to pass, as he drew back his hand, that, behold,
his brother came out: and [the midwife] said,
How have you broken forth? this breach be upon you:
therefore his name was called Pharez.”*

—Genesis 38:29

There was a time in my life when I desperately desired an encounter with God. I was so thirsty for the manifestation of the Lord in my life that I could feel it in the very core of my being. Little did I know that my need would lead me to “invade the heavens” and receive a breakthrough only my heavenly Father could have given.

During that season, I cried out for God to demonstrate Himself to me in a clear and tangible way. When I was at home one day, I walked outside, looked up at the sky, and asked, “What must I do, God?” What I actually meant was, “What do You want from me, God?” I heard Him tell me, “I want you!” In my desperation, I lay on the ground with my face to the concrete and said, “Here I am, Lord!” Then I wept, and worshipped Him. When I finally managed to get up, I went back inside my house and slept.

The next day, when I went to the mailbox, I found a letter from the company I was working for at the time. It read, “To show our appreciation for you, we have enclosed this tax-free check in the amount of _____.” The amount was substantial—and it was exactly what my wife and I needed at that time. This is a perfect example of a supernatural breakthrough in a time of spiritual and material need. My heavenly Father demonstrated Himself to me in an unmistakable, tangible way while drawing me closer to Him in relationship.

Invading the Heavens

A supernatural *breakthrough* is a bursting forth of God’s purpose, power, and provision in the life of a believer that satisfies a deep need or resolves a serious problem. It is a sudden release from bondage, hindrance, or limitation.

Many people desire a manifestation of God’s power that will shift the trajectory of their lives. A number of them are in desperate need of a breakthrough. You may be one of them. *Invading the Heavens* will show you how to access the heavenly realm and release breakthrough in your life, appropriating the keys to walking in a sustained supernatural flow of God’s power. The dictionary defines *invade* in this way: “to enter a place, situation, or sphere of activity in large numbers, especially with intrusive effect.” God has called every believer to invade the heavens and experience a supernatural breakthrough in their lives. In the pages of this book, you will learn how to press in to God’s powerful promises

and unlimited resources in the heavenly realm in order to experience the miraculous in your life.

One of my favorite accounts of breakthrough in the Bible is found in chapter 38 of the book of Genesis. In this powerful illustration, we encounter a very interesting character by the name of Tamar, a woman who was abandoned and mistreated by a man who did not love her. Tamar ended up pregnant with twins and alone. Yet when it came time for her twins to be born, something fascinating occurred. The first child's hand emerged, and the midwife put a scarlet thread around it to mark him as the firstborn. But that child pulled his hand back in, and all of a sudden, the second child came out first! The midwife was surprised, and she asked a significant question: "*How have you broken forth?*" The *New King James Version* of the Bible reads, "*How did you break through?*"

GOD IS ABLE TO BREAK THROUGH ANY DIFFICULT
OR HINDERING SITUATION WE FACE.

Because of this unusual occurrence, the child who came out first was named Pharez (Perez in Hebrew), which essentially means "breakthrough." This was a powerful and descriptive word for Tamar's situation. In the midst of her pain and embarrassment, she had no idea that she was giving birth to *breakthrough*. A woman who had been neglected and abused received an inheritance as a result of the supernatural power of God. I believe that the birth of these twins was a prophetic sign not only to Tamar but also to us today that God is able to break through any difficult or hindering situation we face.

What Does Breakthrough Look Like?

How does a breakthrough actually manifest, and what does it look like? Through personal experience, ministering to others, and meditating on God's Word, I have learned much about the anatomy, or make-up, of a breakthrough and how it comes. We will explore these themes throughout this book.

Manifests After Difficulty and Limitation

First, a breakthrough is generally preceded by difficulty and limitation. Obviously, if we aren't experiencing any problems, or if we don't sense that advancement or growth is needed, we won't be looking for a breakthrough. Additionally, if we imagine that our situation is ideal, we may not recognize a needed breakthrough when it does occur. The perfect condition for a "breaking forth" is often when we seem to have come to the end of our own abilities and efforts. This is actually a good place in which to be, because it is the moment many of us finally allow God to have the floor—as He should have had all along. In this place, we can "*stand still, and see the salvation [deliverance, rescue] of the LORD*" (Exodus 14:13), as the Israelites were told to do when they were marching out of Egypt on the way to the promised land.

Arrives Suddenly

Second, breakthrough usually happens suddenly! It is not a gradual process; it is instant provision. It often occurs in ways or times when we least expect it. You may have been praying for relief over a period of days, months, or longer, but at the right time for it to manifest, the need *will* be met in an immediate way; this is the *kairos* moment that God has already designed for it. *Kairos* is a Greek word whose meanings include "a fixed and definite time, the time when things are brought to crisis, the decisive epoch waited for," "opportune or seasonable time," or "the right time." The dictionary defines *kairos* as "a propitious moment for decision or action."

When you receive your sudden breakthrough, your testimony will surprise people, just as the midwife who delivered Tamar's twins was taken by surprise at the timing of Pharez's arrival. They will want to know: "How did you break through that obstacle in your business?" "How were you healed of that disease?" "What helped you to get past that broken relationship?" "How did you solve that financial problem?"

There are numerous cases in the Bible of breakthrough that yielded remarkable provision, freedom, and deliverance. For instance, in 2 Kings 4, a widow received urgent financial provision through the miracle of an abundance of oil. In John 5, a man at the Pool of Bethesda who had been lame for decades was healed after a short conversation with Jesus. In Luke 13, a woman who was bent over double was instantly granted deliverance from her debilitating condition with Jesus's simple words, "*Woman, you are loosed from your infirmity*" (verse 12). These accounts, along with Tamar's story, are just a fraction of the examples of breakthrough from God's Word. We will look at a number of them in coming chapters.

Is Supernatural and Superabundant

Breakthroughs are always both supernatural and superabundant. Years ago, my wife and I were struggling in ministry. Things did not seem to be moving our way, and we appeared to be at a standstill. Naturally, this created much frustration and anxiety in our lives. We wondered, *When will our ministry grow? Why aren't more people coming to the church?* These were serious concerns for us as a family, and we asked these questions on a daily basis—to God, to each other, and to ourselves.

One day, while we were praying, the Lord began to speak to us about our situation. He inspired my wife to ask me a profound question: "What do you see?" At the time, this seemed like a very strange question. I wanted to ask, "What do you mean, what do I see? I see the same things you do!" But did I really? As I moved past my initial thoughts and considered her question, something suddenly clicked inside me. I began to see a vision of abundance, growth, and increase for the ministry and

for our family. I could not shake off this vivid mental picture, and I began to speak over our lives what I saw in that vision as if it was already our reality. The very next Sunday, we had the largest church attendance since opening our doors!

My wife and I have no doubt this was something only God could have accomplished. The sudden upsurge in church attendance was clearly supernatural, because we had not placed any advertising or done anything else different from what we'd always done. Even our prayers about it that week had not been out of the ordinary, because we pray about everything. What *was* different was that God had given us a very specific instruction in the form of the question "What do you see?" Any time God asks us a question, it is not to get information that He doesn't already have. He knows everything! On the contrary, God asks the question so we will examine ourselves and our situation from a new perspective and open ourselves to what He wants to do.

Needs the Right Environment

A breakthrough is a formidable opponent to our negative situation, and for this reason, it is opposed by our spiritual enemy, Satan. The devil knows he won't stand a chance of keeping you down in a particular area of your life once you have experienced God's supernatural release in that area. Therefore, he attempts to keep you distracted in order to prevent you from receiving it. One of the most common distractions from, or hindrances to, breakthrough is cynicism or doubt, which can actually neutralize your "suddenly" deliverance. Cynicism directly affects what you believe and, in turn, what you receive. When you are seeking God for breakthrough, you must take care that you are truly and actively *believing what God has said* about your circumstances.

The book of James tells us that the person who doubts is like "a wave of the sea driven with the wind and tossed," "double minded [of two minds]," and "unstable in all his ways," and that such a person should not expect to receive anything from the Lord. (See James 1:6–8.) Let me emphasize that if someone fails to receive from God, that does not mean

God has failed to give. It means the person is not in the right position or posture to receive what God has already provided. (Either that, or it is not yet God's *kairos* time for breakthrough.) By position, I am referring to the condition of the heart or the understanding of the mind. We are responsible for creating the right environment, both internally and externally, for aligning with God's will and purposes. It is up to us to fertilize the soil of our hearts with His Word, which alone is capable of preparing us to receive from Him.

IT IS UP TO US TO FERTILIZE THE SOIL OF OUR
HEARTS WITH GOD'S WORD, WHICH ALONE IS
CAPABLE OF PREPARING US TO RECEIVE FROM HIM.

Is Established by Prayer

Living a lifestyle of prayer helps keep us constantly positioned to receive from the Lord. The apostle Paul instructed us to “*pray without ceasing*” (1 Thessalonians 5:17). The *Contemporary English Version* puts it like this: “*Never stop praying.*” Jesus taught that we “*ought always to pray, and not to faint*” (Luke 18:1). Clearly, God is serious about His people praying, placing a very high value on it. It is not we who give prayer its significance; God has already done that. Our responsibility regarding prayer is to make it a priority in our lives *because* God considers it valuable. Make prayer your priority!

Is Prepared by Praise and Thanksgiving

To praise God—to bless Him at *all* times, as the psalmist declared (see Psalm 34:1)—is as much a commandment as “*You shall not steal*”

(Exodus 20:15). In Hebrews 13:15, God instructs, not suggests, that we “*continually offer [Him] a sacrifice of praise—the fruit of lips that openly profess His name*” (NIV). Offering sacrifices of praise is obedience, and it also serves to remind us and those around us that the God we serve is infinitely greater than anything we face!

Furthermore, there is nothing more powerful than an attitude of gratitude. In fact, the Bible commands us to be thankful. “*In every thing give thanks: for this is the will of God in Christ Jesus concerning you*” (1 Thessalonians 5:18). When we are thankful, we open our lives to receiving from the Lord. In contrast, ingratitude produces delay and stagnation. The more we complain in our trials, the more we remain in our trials!

Proceeds from Divine Instruction

Supernatural breakthrough always proceeds from divine instruction, because everything in the kingdom of God operates according to a divine pattern. In the book of John, a number of Jesus’s disciples experienced this reality when, after His resurrection, Jesus suddenly arrived on the shore while they were still in a boat on the Sea of Galilee, toiling to bring in fish:

But when the morning was now come, Jesus stood on the shore: but the disciples knew not that it was Jesus. Then Jesus says to them, Children, have you any meat? They answered Him, No. And He said to them, Cast the net on the right side of the ship, and you shall find. They cast therefore, and now they were not able to draw it for the multitude of fishes. (John 21:4–6)

Let’s paint this picture. Some of Jesus’s disciples decide to go fishing, but they don’t catch anything all night. They labor for hours with no results, so they are in need of provision. Jesus shows up in the morning and asks if they have caught anything (a question to which He already knows the answer), and they reply that they have not. Jesus is aware of their need, and as we read on, we see that He used this situation as

a means to reveal Himself to them once again as their risen Lord and Savior, to demonstrate His ability to provide supernaturally for them, and to reaffirm their calling. Jesus gives them the divine instruction, “*Cast the net on the right side of the ship,*” which they follow, and immediately, their reality changes. There was no difference in their circumstances until there was a change in their perspective and therefore their response. The moment they cast their net on the right side, they caught more fish than they needed—they couldn’t even haul in the net because it was so heavily weighed down with fish!

Obedience is the key. Figuratively, it makes sense that if there is a “right” side of the boat, there must also be a “wrong” side, and if you are going to experience a miraculous breakthrough in your life, you must ensure you are operating on the right side. Another way of thinking about the “right” side is that you need to seek God’s *righteousness*. Righteousness refers to being in right standing with Him. Where you stand determines whether you will experience a breakthrough, and your response to the divine instruction determines where you will stand. Paul the apostle said, “*Faith comes by hearing, and hearing by the word of God*” (Romans 10:17). We can therefore conclude:

- What you hear will determine what you believe.
- What you believe will determine the instructions you follow.
- The instructions you follow will determine where you stand.
- Where you stand will determine if, how, and when you receive your breakthrough.

MANY PEOPLE HAVE YET TO EXPERIENCE
BREAKTHROUGH BECAUSE THEY ARE
STILL STANDING ON THE WRONG SIDE REGARDING
GOD’S INSTRUCTION.

Just one divine instruction from God can change your reality, and your life *will* change when you obey it. Many people have yet to experience breakthrough because they are still standing on the wrong side regarding God's instruction. Whenever you stand on the wrong side, you cannot see your situations the way they were meant to be viewed. Once your outlook changes, so will everything else. Towering skyscrapers and palatial homes look like mere children's toys from thirty thousand feet in the air. A higher vantage point makes everything appear smaller and less imposing. Gaining heaven's outlook will lead you to put your difficulties into perspective and prepare to receive heaven's provision.

Changes Your Life in a Significant Way

A breakthrough will transform your life in a significant way if you receive it with gratitude and focus on the Giver of the gift. In the incident with the disciples on the Sea of Galilee, the apostle Peter could not see a way out of his stagnant situation in which he and the other disciples were unable to catch any fish. He couldn't see the necessary provision. Even more, he couldn't figure out how to move ahead with his life after Jesus's crucifixion. But the moment he heeded the instruction, or the *rhema* word, of Jesus to cast the net on the other side of the boat, there was a sudden change in his life. *Rhema* is one of the Greek terms in the Bible translated as "word," and it can indicate "a living voice." When Peter obeyed that word, not only did he receive abundance in the physical realm, but he also received restoration and direction for his spiritual life. (See John 21:15–19.) Your own life—including your priorities and your effectiveness—will change when your perspective changes and you obey divine instruction.

Is Confirmed by Proclamation

Breakthrough comes when we personally claim God's provision according to His Word and instruction, and then proclaim it. The Lord promises you will have what you say as it aligns with His purposes.

Additionally, if what you *say* lines up with what you *pray*, you will see a difference in your life. If you don't pray "crazy"—that is, pray something that goes against what God's Word says—when talking with your heavenly Father, then you shouldn't speak "crazy" when talking with other people. Instead of saying fearful or doubtful words about your situation, make your proclamation match your prayers.

Brings Perplexity and Discomfort to Others

There may be times when your breakthrough will bring discomfort to people around you. Sometimes, the change in your life will make you unrecognizable to those who are attached to the previous version of you. People will be uneasy with the transformation and wonder what has happened to you. Even though the change is for the better, they may not be comfortable with it. Is the way you physically look or walk going to change? Probably not, but you will be speaking and acting differently in alignment with your new perspective and the release of your breakthrough. You just need to be prepared for some people's confusion, opposition, or desire for you to return to your former way of life—and not let it keep you from walking in your new freedom.

Leaves Some Unanswered Questions

Last, some people who witness your breakthrough will be left with unanswered questions. Even after you have explained what has happened to you in as clear and detailed a way as possible, there will be certain people who still have a big "But how...?" hanging in the air between you. The best answer to that question is something along the lines of this: "God did it! What else can I say?"

Ready?

Are you ready to receive your breakthroughs? In *Invading the Heavens*, you will learn how to claim and receive the breakthroughs God

has promised you. I declare that you are about to experience a sudden shift in your life through the power of the Word because, according to Hebrews 4:12, “*God’s word is alive and powerful*” (CEV), with the ability to radically transform your life. Think about it this way: what you *yield to* (concede, surrender, submit, or give preference to) determines your *yield* (your profit, what you produce or bring forth). Yield to God, and watch your yield—your harvest of breakthrough—become more than you can imagine!

Breakthrough Prayer

Father, in the name of Jesus, I thank You for all You have done for me. I recognize that it is Your perfect will for me to experience breakthrough. I release my faith for a supernatural encounter with You that will change the very fabric of my life. I release my faith to experience Your power on a higher level. Thank You for revealing the anatomy of a breakthrough. From this day forward, nothing will stand in the way of my progress in You. Your Word says that “*faith comes by hearing*”; therefore, I declare that I am both a hearer and a doer of Your Word. Thank You, Father, for my breakthrough! In Jesus’s name, amen! (See Romans 10:17; James 1:22.)

BREAKTHROUGH INSIGHTS

1. What is a supernatural breakthrough?
2. What are some aspects of the anatomy of a breakthrough?
Which areas do you need to incorporate into your life?
3. Why is breakthrough always preceded by divine instruction?
4. What specific instruction is God asking you to follow today?